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WALES

Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

School Nursing Service

Ref/04/parent/09/20

Dear Parent / Guardian,

The School Nursing Service is aware that your child has recently started in reception class at this school and we would like to introduce ourselves to you.

The School Nursing Service aims to promote the health of the school-aged population and ensures help, advice and support is available to children, parents, guardians and carers.

When they enter reception class the care of your child is transferred from the Health Visitor to the School Nurse. All schools have access to a named School Nurse. The School Nurse aims to inform, educate and support children and young people to make healthy lifestyle choices to enable them to become healthy adults.

The School Nursing Service leaflet and welcome pack contact details is available for you on your child's school website and they are provided below.

A member of the School Nursing team will be attending your child's school during this academic year to carry out routine height, weight and vision screening for reception class children.

You will be contacted if any of the screening results identifies any concerns. If however you would like to know the screening results please contact the School Nurse.

If you do not wish your child to have their height, weight and vision screened by us you must inform the Head Teacher in writing immediately.

If this is the case, it is very important that you make arrangements for your child to have a vision test with a local Optometrist (Optician) this is a free service for children and it is advised that all children should receive **regular** eye checks with an Optometrist.

The Child Measurement Programme run by Public Health Wales would like to use the Height and Weight measurements to help give a picture of child growth in Wales. The information used by the Child Measurement Programme is completely anonymous. More information is available at www.publichealthwales.org/childmeasurement

If you do not wish the measurements to be used by the Child Measurement Programme you must inform the Head Teacher in writing immediately.

Yours Sincerely
School Nursing Service

To obtain your child's school nurse contact number please ring 01639 862801

Swansea Bay University Health Board Headquarters

One Talbot Gateway, Baglan Energy Park, Port Talbot, SA12 7BR Phone 01639 683334 www.abm.university-trust.wales.nhs.uk

School Entry Health Review

This information may be helpful now that your child is in full time school.

Does your child have a medical condition e.g. Asthma, Diabetes, Eczema, Epilepsy, or a severe allergy - that may require emergency injection?

Please ensure that your child's school is informed about your child's medical condition and of any medication or treatment your child requires during the school day. The school may suggest that an individual health care plan is in place in order to support your child.

Are you concerned about your child's vision, hearing, or speech?

- A distance vision screen will be undertaken in school by the School Nursing Service. *This is the only routine vision screen in school. It is recommended that all children should have free regular eye checks with their local optometrist (optician).*
- A hearing screen will be undertaken in school by the Audiologist.
- Referrals for speech therapy are made by your child's school. *Please discuss with your child's teacher.*

Are you concerned about your child's growth e.g. short or tall stature, under or overweight?

Your child's growth will be measured by the School Nursing Service.

For information on helping children to stay fit and healthy visit www.everychildwales.co.uk

Are you concerned about your child's emotional health and wellbeing or behaviour?

For helpful hints and tips for parents on promoting positive behaviour visit: www.giveittime.gov.wales

Are you concerned about your child's learning?

Please discuss with your child's teacher. An individual development plan may be required.

Are you concerned about your child day/night time wetting or constipation?

For helpful information visit www.eric.org.uk

Is your child up to date with their immunisations?

Your personal child health record (red book) should include details and your School Nurse will also check your child's health record.

For more information about immunisations visit: nhs.uk/doiyouyourself/vaccinations/leaflets/

If your child needs any immunisations please contact your GP.

Is your child registered with a dentist?

It is recommended that children should see a dentist at least annually.

For dental health advice visit <http://www.designedtosmile.org/>

Does anyone in your child's home smoke?

Free friendly support to quit smoking is available from www.helpmequit.wales Tel: 0800 085 2219

For details of local services and organisations that can help visit: <https://www.dewis.wales/home>

The School Nurse may contact you to discuss your child's health as part of the health review. Please contact your School Nurse if you wish to discuss your child's health now or at any time in the future.



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Further advice/information is available from your
School Nurse who can be contacted:

9.00am – 5.00pm

Monday to Friday

To obtain your child's named school nurse contact
number please ring: 01639 862801

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School Nursing Service



School Nursing Service Includes

- Health Questionnaires/Assessments on School Entry
- Height, Weight and Vision Screening (Reception)
- Fluenz vaccination (nasal spray) for all pupils
- Health Education/Promotion
- Sex and Relationship Education i.e. growing up, puberty and body changes (Year 5/6)
- Referrals to other agencies for example Optometrist, Dietician, Paediatrician
- Safeguarding

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The School Nursing Service is delivered by a team of School Nurses and other health professionals.



The School Nurse has a special role providing a link between school, home and the community and will respond to any concerns on an individual basis.

This is an important time in your child's life. The School Nursing Service is available throughout your child's time in school to discuss and address any concerns you may have.

